

# CIRCA DIEM newsletter

April 2024



**Dear Parents and Caregivers,**

Welcome to the latest edition of our monthly newsletter. This newsletter provides updates on our study, as well as any important study related information.

*The CIRCA DIEM Team would like to wish our study families a happy Easter! Your involvement in our research is helping to improve outcomes for our tiniest babies, and we are enormously grateful for all your support.*

## Enrolment Update



So far, we have had **483** babies join CIRCA DIEM, meaning we have reached our 50% recruitment target!



Nepean Hospital in New South Wales recently joined us as a new recruiting hospital for our study.



We have received Ethics approval to begin the study in New Zealand!

## Study Milestones



**337** babies have celebrated their first birthday.



**223** babies have turned 2 years old.

## Bayley-4 Update

So far, 170 toddlers have completed their 2-year Bayley-4 assessment for our study.

If your child has already turned 2 years old, and you are yet to hear from us about booking in your Bayley-4, please contact Tash, our Clinical Trial Co-Ordinator on [Natasha.sorensen@telethonkids.org.au](mailto:Natasha.sorensen@telethonkids.org.au).



## Amalie, Hugo and Albert's Story



Amalie, Hugo and Albert are CIRCA DIEM's second set of triplets, and were born at 31 weeks gestation, at King Edward Memorial Hospital in Perth, Western Australia.



Despite arriving two months early, the triplets have been doing really well and have been inseparable since birth.



They love to crawl in different directions, look everywhere but at the camera during photo time and inhale whatever food they can get their hands on.



The CIRCA DIEM team can't wait to see what the future holds for Albert, Hugo, Amalie and their lovely family.

*If you have an update about your little one that you would like to share, please email [circadiem@telethonkids.org.au](mailto:circadiem@telethonkids.org.au).*



@CIRCA\_DIEM



<https://www.telethonkids.org.au/projects/the-circa-diem-study/>

Thank you all for your contributions!

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