Questions to ascertain an organisation's promotion of social and emotional wellbeing, highlighting strengths and areas of need.



This tool is divided into four main categories, each important for influencing social and emotional wellbeing (SEWB):









Unless stated otherwise, only **one answer** is required for each question.

#### Leadership and Support

Committed & Engaged Leadership	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
The Organisation's Leadership Team (OLT) communicates a clear commitment to improve staff, participant & community SEWB	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
The OLT develops and promotes an effective & clear policy/ies to improve staff, participant and community SEWB		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Planning for System & Resource Support	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Planning for System & Resource Support OLT allocates sufficient resources such as staff, time, funding & other resources to effectively implement planned wellbeing strategies		In planning			Integrated
OLT allocates sufficient resources such as staff, time, funding & other resources to effectively implement		In planning			Integrated

## Leadership and Support

Ensuring Compatibility with Arts Community Needs	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Pre-existing capacities and successful wellbeing practices within the arts organisation are valued and promoted (amongst stakeholders and through the wider arts community) to encourage a sense of collective self-efficacy					
Regular monitoring and evaluation of strategies is undertaken to ensure they are meeting organisation and young people/community wellbeing needs			$\bigcirc$	$\bigcirc$	
Surveys of staff, young people and families are conducted regularly to evaluate, inform, and modify arts organisation's policy & to ensure the organisation is meeting community wellbeing needs		$\bigcirc$		$\bigcirc$	$\bigcirc$
Any roadblocks to the achievement of SEWB goals and implementation of associated strategies, both inside and outside the organisation, are identified and discussed			$\bigcirc$	$\bigcirc$	$\bigcirc$

## Organisation Culture

Positive Whole Organisation Culture	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
The organisation culture supports a sense of connectedness and safety for all young people, staff/contracted educators, & families through positive, trusting, and caring relationships		$\bigcirc$			
Staff health and wellbeing is an integral part of the organisation's culture	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Appropriate social and emotional behaviours are formally and informally developed and modelled by staff/contracted educators		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Young people are actively involved in the promotion of a positive culture	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

# Organisation Culture

Positive Whole Organisation Culture	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
All staff are skilled to build positive relations among young people and between themselves and their young people	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Young people are empowered to think about and provide input into the development of their SEWB		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
The organisation consistently uses a strengths-focus when promoting the SEWB of staff and young people	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
There is a balance of seriousness and fun embedded in the culture of the organisation		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
The organisation recognises successes in a range of ways, including those that represent social and emotional development	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Effective Class or Workshop	Not		Preparing to	Partially in	
Practice & Environment	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
		In planning			Integrated
Young people participate actively in the development		In planning			Integrated
<ul> <li>Practice &amp; Environment</li> <li>Young people participate actively in the development of the expected behaviour in class</li> <li>Teachers/tutors/facilitators understand their responsibility as role models for social and emotional</li> </ul>		In planning			Integrated
<ul> <li>Practice &amp; Environment</li> <li>Young people participate actively in the development of the expected behaviour in class</li> <li>Teachers/tutors/facilitators understand their responsibility as role models for social and emotional development</li> <li>Supports are provided (in the form of scaffolding and/or imparting of specific strategies) to help young people</li> </ul>		In planning			Integrated
<ul> <li>Practice &amp; Environment</li> <li>Young people participate actively in the development of the expected behaviour in class</li> <li>Teachers/tutors/facilitators understand their responsibility as role models for social and emotional development</li> <li>Supports are provided (in the form of scaffolding and/or imparting of specific strategies) to help young people develop social &amp; emotional competencies</li> <li>A variety of group activities/exercises and structures are used to facilitate development of</li> </ul>		In planning			Integrated

#### **Organisation Culture**



#### **Policy and Practice**

Policy Development	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Policies related to SEWB are collaboratively developed with staff/contracted educators, key stakeholders, young people, and families	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Policy development includes an ongoing review	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Policies are distributed and promoted to all staff/contracted educators, young people, families, and relevant stakeholders through a range of channels	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Policies are always transparent and accessible to staff/contracted educators, young people, families, and other stakeholders	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
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### **Policy and Practice**

Policy Development	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Professional learning is provided for all staff so that they feel empowered to implement and support adherence to policies related to SEWB		$\bigcirc$	$\bigcirc$	$\bigcirc$	
Policy Implementation	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Policies outline specific strategies for young people, families, and staff/contracted educators to promptly respond and report incidents of mental health concern, bullying, aggression, and violence		$\bigcirc$		$\bigcirc$	
Policies explicitly include the arts organisation's preventative and targeted early response strategies	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Multiple policies address the SEWB of young people and staff in arts organisations	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$
All staff/contracted educators are trained in mental health first aid	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Support to young people and families identified as in need is ongoing and referrals to outside support services are made if required		$\bigcirc$	$\bigcirc$	$\bigcirc$	

### **Professional Learning and Collaboration**

Professional Learning	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Staff are provided with opportunities to promote their professional learning related to SEWB by networking with other arts organisations and staff	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Staff professional learning comprises a range of key understandings and skills related to SEWB	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Staff have the cultural awareness training necessary to promote SEWB in culturally sensitive ways	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

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# Professional Learning and Collaboration

Professional Learning	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
All new and existing staff/contracted educators are enabled and encouraged through ongoing, regular evidence-based professional learning to actively support action to promote SEWB		$\bigcirc$	$\bigcirc$	$\bigcirc$	
Staff are encouraged and supported to try out SEWB strategies, reflect on and monitor young people response to these	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Staff are encouraged and supported to improve their practice to address social and emotional wellbeing through an action learning cycle	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Staff are encouraged and supported to be actively promoting their own SEWB	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Intentional Learning	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Developmentally appropriate, comprehensive, and engaging social and emotional learning strategies are implemented for all participants	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Young people are supported to understand their own social and emotional development process through opportunities to express, model and practice strategies used				$\bigcirc$	$\bigcirc$
Effective Family Learning and Communication	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
SEWB strategies are developed in collaboration with families and in association with advice from key stakeholders		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Multiple channels are used to communicate information and provide social and emotional learning opportunities to families	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Parents are provided with sufficient information to enable shared understanding and mirroring, at home, of strategies used by teachers/ tutors/ facilitators, thereby enhancing young people learning and skill development across wellbeing topics		$\bigcirc$			
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